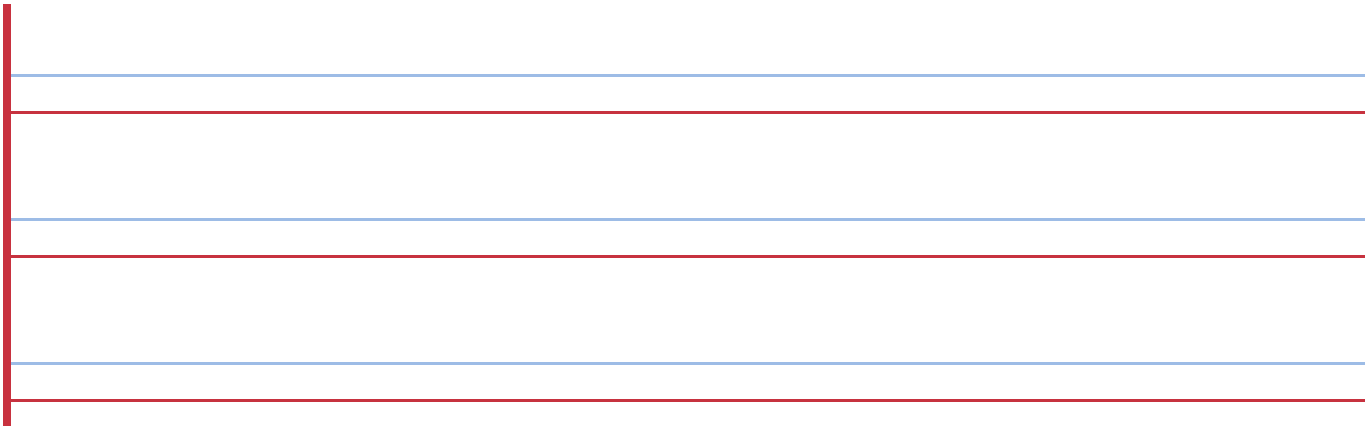
SAMPLE PAGES

1st Grade Phonics

A parent-led workbook: 40 ten-minute lessons on blends, digraphs, silent e, vowel teams and more. No teaching experience needed.



- ✓ Placement check, so you skip what your child already knows
- ✓ A 2-minute "say this" script for you before every lesson
- ✓ Answer key that tells you why each mistake happens and what to do
- ✓ Review every fifth day, plus a final check to show growth
- ✓ Free online quiz and game for every lesson (scan the code)
- ✓ Print as many copies as your family needs

For the grown-up

How to use this workbook

You don't need to know phonics terms. Every lesson tells you exactly what to say, what to watch for and what to do if it doesn't click.

Day 1: Placement check (15 minutes)

Your child does the 10-question check on the next page. Mark it with the key on page 4, and the start-here map tells you which lesson to begin with.

Every lesson day (10 minutes)

1. **You read the grown-up page** (2 minutes). Say the script, do the "show this" example and ask the three quick questions.
2. **Your child does the kid page** (8 minutes). Read the directions aloud if needed. Let them sound out every word before you help.
3. **Check it with the answer key.** If a mistake shows up, the key tells you what it means and which page to revisit.
4. **Color the box** on the progress chart.

Every fifth day: review

A mixed page covers the last four lessons plus older patterns, so nothing is forgotten.

Every day: read

Ten to fifteen minutes of reading together, with your child reading some of it aloud, matters as much as the lesson. Decodable books that use this week's pattern are perfect.

Practice online, free. Each grown-up page has a code. Scan it for a 10-question quiz that reads questions aloud and checks answers, plus a matching game. No sign-up needed.

Print it again. This PDF is licensed for your household. Print a fresh copy for a sibling, or reprint a lesson your child wants to redo.

Your turn

Placement Check

Name _____

Do your best. It's fine to leave one blank.

1. Circle the word for 🐷: peg pig pug
2. Circle the word for 🐸: fog from frog
3. Circle the word for 🚢: ship chip sip
4. Add an **e** to the end. Write the new word: kit → _____
5. Add **-ed**: jump → _____
6. Circle the word for 🌧️: ran rain ram
7. Circle the word for ⛵: bot beet boat
8. Circle the word for ⭐: stir star stair
9. Draw a line to split the word: **sunset** **rabbit**
10. Read it and circle the tricky word: Mom **said** it was fun.

    Circle the right spelling: sed said sayd

For the grown-up

Placement key and start-here map

Mark each question right or wrong. Find the **first** question your child missed and start at that unit. Do every lesson from there; for earlier units, do just their review days.

#	Answer	If missed, start at
1	pig	Unit 1 Short vowels (Lesson 1)
2	frog	Unit 2 Blends (Lesson 5)
3	ship	Unit 3 Digraphs (Lesson 9)
4	kite	Unit 4 Silent e (Lesson 13)
5	jumped	Unit 5 Endings -s, -ed, -ing (Lesson 18)
6	rain	Unit 6 Vowel teams ai, ay, ee, ea (Lesson 22)
7	boat	Unit 7 Vowel teams oa, ow, igh, y (Lesson 26)
8	star	Unit 8 Bossy r (Lesson 30)
9	sun | set rab | bit	Unit 9 Two-syllable words (Lesson 34)
10	said	Unit 10 Tricky words (Lesson 38)

Missed question 1? Start at Lesson 1 even if later answers were right. Everything in 1st grade builds on short vowels.

Got 10 out of 10? Your child is ready for 2nd grade phonics. Use the review days for practice and keep the workbook for a younger sibling.

Placement score: _____ / 10 Date: _____ Start at Lesson: _____

My progress

My Phonics Progress Chart

Color a box for every lesson you finish. Yellow boxes are review days.

1 Short vowels
1 2 3 4 R

2 Blends
5 6 7 8 R

3 Digraphs
9 10 11 12 R

4 Silent e
13 14 15 16 17 R

5 Endings
18 19 20 21 R

6 ai ay ee ea
22 23 24 25 R

7 oa ow igh y
26 27 28 29 R

8 Bossy r
30 31 32 33 R

9 Two syllables
34 35 36 37 R

10 Tricky words
38 39 40 R

Placement check

_____ / 10

Final check

_____ / 10

When every box is colored, turn to the last page for your certificate!

For the grown-up | Lesson 13 | Unit 4: Silent e

Silent E: Cap to Cape

Goal: "I can read words where a silent e makes the vowel say its name, like cape, kite and hope."
Common Core RF.1.3c

Time: 2 minutes for you, 8 minutes for your child.

1. Say this

> "When a word ends in e, the e is quiet. But it's a helper: it makes the vowel before it say its name. Listen: cap. Now add an e: cape. The a says its name, A. The e didn't make a sound at all."

2. Show this

Write **cap**, **kit**, **hop** and **cub** on paper. Write a big **e** on a sticky note. Read each word, then stick the e on the end and read it again: cape, kite, hope, cube. Let your child move the e.

3. Ask out loud

1. Add an e to *pin*. What word is it? (pine)
2. In *kite*, which letter says its name? (i)
3. Does the e in *home* make a sound? (no, it's silent)

4. Watch for

If your child...	Say...
reads cape as **cap**	"Look at the end first. Is there an e? Then the a says its name."
reads kite as **kit-ee**	"The e is silent. It's a helper, not a sound."
writes **hom** for home	"Is the o long? Then it needs a silent e."
reads *have* to rhyme with cave	"Good thinking! Have is a rule breaker. We learn it by heart."

Practice online: scan for a 10-question silent e quiz with read-aloud, and the Word Ladder Climb game.
english1to5.com/phonics/silent-e
If today was hard: tomorrow, redo "Show this" with just a and i words, then try Part A again.

Your turn | Lesson 13

Silent E

Name _____

vowel + consonant + **e**: the vowel says its **name**. cap → cape

Warm-up (from Lesson 12)

Circle the word with **sh**: sip ship slip

A. Add e. Read both words.

cap → _____	kit → _____	hop → _____	cub → _____

B. Circle the word for the picture.



kit kite



cub cube



pin pine



can cane

C. Sort the words.

bike rob home cut lake dig

Short vowel	Silent e (long vowel)

D. Write *a* sentence with *a* silent e word.

How did it go? ☐ Easy ☐ OK ☐ Tricky

Grown-up stamp

Answer key | Lesson 13

Silent E: answers and what mistakes mean

Warm-up

ship. **Circled slip?** sl is a blend (two sounds); sh is one sound. Review Lesson 9.

A. Add e

cape **kite** **hope** **cube**

Read the new words with short vowels? They added the e but didn't change the sound. Redo "Show this" and say both words in each pair out loud.

B. Pictures

 **kite**  **cube**  **pine**  **can**

If your child circled...	It means...	Do this
cane for the can	They now add an e to everything. That's a common, good-sign mistake.	Read can and cane aloud. "Which one is the soup can?" Short vowels don't need an e.
kit, **cub** or **pin**	Silent e isn't changing the sound yet.	Point to the e first, then the vowel: "The e is here, so the i says its name."

C. Sort

Short vowel: **rob, cut, dig** Silent e: **bike, home, lake**

D. Sentence

Answers vary, such as "I ride my bike." Check that the silent e word is spelled with its e, and that the sentence starts with a capital and ends with a period.